

Slips, Trips and Falls Quiz

Name: _____	
Trainer's Name: _____	
Company/Division: _____	Date: _____

Directions: Read each statement carefully and circle the response that best answers the question.

1. To prevent slips, trips, and falls:

- a. Keep aisles and stairs free of materials.
- b. Use low traction finishes.
- c. Wear shoes with smooth, slippery soles on oily surfaces.
- d. Carry boxes you cannot see around.

2. One hazard which causes slips is:

- a. Clean floors.
- b. Cautious walking on waxed floors.
- c. Dry floors.
- d. Grease or oil on the floor.

3. Friction is the:

- a. Force which pulls you to ground when you slip.
- b. Force of resistance between objects.
- c. Force which keeps an object or person in motion.
- d. Both a. and b.

4. What are the three physical factors that play a part in falls?

- a. Momentum, density, and gravity.
- b. Friction, gravity, and momentum.
- c. Friction, momentum, and density.
- d. Density, friction, and gravity.

5. Gravity is the:

- a. Force which keeps an object or person in motion.
- b. Force of resistance between objects.
- c. Force which pulls you to the ground when you slip.
- d. None of the above.



6. Which does not contribute to slips and falls on stairs?

- a. Jumping from landing to landing.
- b. Using the handrail.
- c. Storage of materials on stairs.
- d. Carrying a load which you can't see over.

7. What is one way to help prevent slips, trips, and falls?

- a. Increase friction between your shoes and the surface.
- b. Apply a thin coat of oil to the floor.
- c. Keep floors slightly wet.
- d. Always wear shoes with cleats.

8. _____ can occur when gravity takes over and you move too far off your center of balance.

- a. Slips.
- b. Trips.
- c. Falls.
- d. None of the above.

9. Strap-on cleats:

- a. Provide increased traction on ice.
- b. Help you keep your balance on ladders.
- c. Improve your golf game.
- d. Are too noisy when you walk.

10. _____ can occur when there is a loss of balance caused by too little friction between your feet and the surface you walk or work on.

- a. Slips.
- b. Trips.
- c. Falls.
- d. None of the above.

11. An example of an engineering control in use at our facility to help reduce or eliminate slip, trip, or fall hazards is:

_____.

12. A safe work practice that we use at our facility to help reduce or eliminate slip, trip, or fall hazards is:

_____.

13. An area in our facility that might cause a slip hazard is: _____.



14. Another area in our facility that might cause a trip hazard is:_____.

15. Another area in our facility that might cause a fall hazard is:_____.

16. You can prevent injuries on stairs by:

- a. Using handrails whenever possible.
- b. Only carrying loads that you can see over.
- c. Reporting unsafe conditions promptly.
- d. All of the above.
- e. None of the above.

17. If I need to report an unsafe condition at our facility, the procedure I will follow is:

_____.

18. The person responsible for the safety and health program at our facility is:_____.

19. The location of the first aid station nearest to my work area is:_____.

20. Be sure to report:

- a. Burnt out light bulbs.
- b. Torn carpeting.
- c. Both a. and b.
- d. None of the above.

