

PPE: Hand Protection**Quiz**

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|-------------------------|-------------|
| Name: _____ | |
| Trainer's Name: _____ | |
| Company/Division: _____ | Date: _____ |

Directions: Read each statement carefully and circle the response that best answers the question.

1. Which type of gloves offer the best protection from extreme heat and cold:

- a. Leather gloves
- b. Coated fabric gloves
- c. Rubber gloves
- d. Nitrile gloves

2. Besides providing PPE for your hands, how will your employer try to prevent hand injuries:

- a. Installing machine guards to protect hands and fingers from moving parts
- b. Designing workstations and tools ergonomically
- c. Maintaining a clean and orderly workplace
- d. All of the above

3. Which of the following is not one of the three basic kinds of hazards to the hands?

- a. Mechanical hazards from machinery
- b. Contact with irritating substances
- c. Being stepped on
- d. Environmental hazards like heat or cold

4. When handling corrosive materials, the best gloves are:

- a. Rubber and leather gloves
- b. Rubber, neoprene, or vinyl gloves
- c. Leather gloves
- d. Cotton gloves



- 5. When selecting appropriate hand protection, characteristics to consider of the type of protection include:**
 - a. Breakthrough
 - b. Dexterity
 - c. Length
 - d. All of the above
- 6. To make gloves easier to get into and out of, use _____:**
 - a. Lotion
 - b. Powder
 - c. Oil
 - d. Any of the above
- 7. Hazards to hands include:**
 - a. Cuts, abrasions, and punctures
 - b. Rashes from biological agents and chemicals
 - c. Environmental hazards such as extreme heat or cold
 - d. All of the above
- 8. Which gloves are best for handling rough or abrasive materials?**
 - a. Rubber gloves
 - b. Vinyl gloves
 - c. Leather gloves
 - d. Metal mesh gloves
- 9. Glove selection should be based on:**
 - a. The hazard, dexterity needed, and chemical resistance
 - b. The hazard and cut resistance
 - c. The hazard, dexterity needed, and heat resistance
 - d. The hazard, dexterity needed, and durability
- 10. Gloves may insulate the hands from hot objects only if the gloves are kept dry.**
 - a. True
 - b. False

