

PPE: Hand Protection

Quiz

| |
|-------------------------------------|
| Name: _____ |
| Trainer's Name: _____ |
| Company/Division: _____ Date: _____ |
| |

Directions: Read each statement carefully and circle the response that best answers the question.

1. Which type of gloves offer the best protection from extreme heat and cold:

- a. Leather gloves
- b. Coated fabric gloves
- c. Rubber gloves
- d. Nitrile gloves

2. Besides providing PPE for your hands, how will your employer try to prevent hand injuries:

- a. Installing machine guards to protect hands and fingers from moving parts
- b. Designing workstations and tools ergonomically
- c. Maintaining a clean and orderly workplace
- d. All of the above

3. Which of the following is not one of the three basic kinds of hazards to the hands?

- a. Mechanical hazards from machinery
- b. Contact with irritating substances
- c. Being stepped on
- d. Environmental hazards like heat or cold

4. When handling corrosive materials, the best gloves are:

- a. Rubber and leather gloves
- b. Rubber, neoprene, or vinyl gloves
- c. Leather gloves
- d. Cotton gloves



5. When selecting appropriate hand protection, characteristics to consider of the type of protection include:
- Breakthrough
 - Dexterity
 - Length
 - All of the above
6. To make gloves easier to get into and out of, use _____:
- Lotion
 - Powder
 - Oil
 - Any of the above
7. Hazards to hands include:
- Cuts, abrasions, and punctures
 - Rashes from biological agents and chemicals
 - Environmental hazards such as extreme heat or cold
 - All of the above
8. Which gloves are best for handling rough or abrasive materials?
- Rubber gloves
 - Vinyl gloves
 - Leather gloves
 - Metal mesh gloves
9. Glove selection should be based on:
- The hazard, dexterity needed, and chemical resistance
 - The hazard and cut resistance
 - The hazard, dexterity needed, and heat resistance
 - The hazard, dexterity needed, and durability
10. Gloves may insulate the hands from hot objects only if the gloves are kept dry.
- True
 - False

