

## Fall Protection for General Industry

### Exercise—Do's and Don'ts

**DIRECTIONS:** Next to each activity listed, write down whether it is a DO or a DON'T.

*Example:*

DON'T Store your fall protection PPE in warm, dry place when you're not using it.

\_\_\_\_\_ Take safety seriously.

\_\_\_\_\_ Complete all required fall prevention training.

\_\_\_\_\_ Disregard safety training opportunities offered by your employer.

\_\_\_\_\_ Comply with all re-training requirements.

\_\_\_\_\_ Visually inspect personal fall protection for any damage, deterioration, or broken parts, such as chemical damage, mildew, frays, and cuts.

\_\_\_\_\_ Inspect your body harness before every use.

\_\_\_\_\_ Complete basic care and maintenance on your personal fall protection to help keep it in good working order.

\_\_\_\_\_ Use a harness that fails an inspection.

\_\_\_\_\_ Turn a damaged harness into your supervisor to be removed from service.

\_\_\_\_\_ Store your personal fall protection in a cool, dry place, protected from chemicals and long-term direct sunlight.

\_\_\_\_\_ Attempt to repair a guardrail with structural damage.

\_\_\_\_\_ Wait to report any damage or defects in fall protection equipment.

\_\_\_\_\_ Ensure a competent person re-inspects any personal fall protection that was subject to impact loading (or a fall).

