

Fall Protection for General Industry

Exercise—Do's and Don'ts

DIRECTIONS: Next to each activity listed, write down whether it is a DO or a DON'T.

Example:

DON'T Store your fall protection PPE in warm, dry place when you're not using it.

- Take safety seriously.
- Complete all required fall prevention training.
- Disregard safety training opportunities offered by your employer.
- Comply with all re-training requirements.
- Visually inspect personal fall protection for any damage, deterioration, or broken parts, such as chemical damage, mildew, frays, and cuts.
- Inspect your body harness before every use.
- Complete basic care and maintenance on your personal fall protection to help keep it in good working order.
- Use a harness that fails an inspection.
- Turn a damaged harness into your supervisor to be removed from service.
- Store your personal fall protection in a cool, dry place, protected from chemicals and long-term direct sunlight.
- Attempt to repair a guardrail with structural damage.
- Wait to report any damage or defects in fall protection equipment.
- Ensure a competent person re-inspects any personal fall protection that was subject to impact loading (or a fall).

